

Breakfast SS September

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mini Donuts, WG Chocolate String Cheese	2 Blueberry Mini Pancakes Cheesy Eggs Craisins
5 WG Bagel w/ Cream Cheese Gogurt	6 WG Bagel w/ Cream Cheese Gogurt	7 Frosted Flakes/Mull Nutt Grain Strawberry Craisins	8 Mini Donuts, WG Chocolate String Cheese	9 Blueberry Mini Pancakes Cheesy Eggs Craisins
12 Trix Cereal 1/3 less Sug Strawberry Poplart WG Craisins	13 Frudal Cherry, WW Scooby Doo Graham Slick	14 Cocoa Puffs Cer 1/3 less Nutt Grain Strawberry Craisins	15 Banana Muffin String Cheese	16 Blueberry Mini Pancakes Cheesy Eggs Craisins
19 Cheerios- App, Cinn Cer. Cinn/Bm Sgr Poplart WG Craisins	20 WG Bagel w/ Cream Cheese Gogurt	21 Frosted Flakes/Mull Nutt-Grain Apple- Cinn Craisins	22 Mini Donuts, WG Chocolate String Cheese	23 Blueberry Mini Pancakes Cheesy Eggs
26 Trix Cereal 1/3 less Sug Strawberry Poplart WG	27 Frudal Cherry, WW Scooby Doo Graham Slick	28 Cocoa Puffs Cer 1/3 less Nutt-Grain Apple- Cinn	29 Mini Donuts, WG Chocolate String Cheese	30 Blueberry Mini Pancakes Cheesy Eggs Craisins

FAT FREE CHOCOLATE MILK, FAT FREE STRAWBERRY MILK, FAT FREE WHITE MILK ARE AVAILABLE AS A MENU ITEM
 AN ASSORTMENT OF FRUIT IS SERVED DAILY WITH BREAKFAST AND LUNCH
 MENU IS SUBJECT TO CHANGE WITHOUT NOTICE
 This institution is an equal opportunity provider

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* THIS IS AN EQUAL EMPLOYER *

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.