

CCVC
Franklin Phonetic SS
Lunch

Oct 21, 2016

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| 1 Hamburger on W/G Bun Or P & J Crustables Carroteenies /w Ranch | 2 Turkey Hotdog on W/G Bun Or P & J Crustables Baked Beans | 3 Spaghetti and Meatballs Breadstick Whole Grain Or P & J Crustables Celery Sticks w/ Ranch | 4 Whole Grain Cheese Pizza Or P & J Crustables Fresh Broccoli Medely Oatmeal Raisin Cookie | |
| 7 BBQ Chicken Drumstick /Roll or P & J Crustables Whipped Potatoes Whole Grain Biscuit | 8 Grilled Cheese WG *Or P & J Crustables Baked Beans | 9 Cheesy Mac & Roll Or P & J Crustables Fresh Broccoli Medely | 10 Mini Corn Dogs W/W Turk. Or P & J Crustables Cucumber Slices | 11 NO SCHOOL TODAY |
| 14 Chick Nuggets & WG Roll Or P & J Crustables Steamed Corn | 15 Hamburger on W/G Bun Or P & J Crustables Carroteenies /w Ranch | 16 Turkey Hotdog on W/G Bun Or P & J Crustables Baked Beans | 17 Spaghetti and Meatballs Breadstick Whole Grain Or P & J Crustables Celery Sticks w/ Ranch | 18 Whole Grain Cheese Pizza Or P & J Crustables Fresh Broccoli Medely Oatmeal Raisin Cookie |
| 21 BBQ Chicken Drumstick /Roll or P & J Crustables Whipped Potatoes Whole Grain Biscuit | 22 Grilled Cheese WG *Or P & J Crustables Baked Beans | 23 Cheesy Mac & Roll Or P & J Crustables Fresh Broccoli Medely | 24 NO SCHOOL TODAY | 25 NO SCHOOL TODAY |
| 28 Chick Nuggets & WG Roll Or P & J Crustables Steamed Corn | 29 Hamburger on W/G Bun Or P & J Crustables Carroteenies /w Ranch | 30 Turkey Hotdog on W/G Bun Or P & J Crustables Baked Beans | | |

FAT FREE CHOCOLATE MILK ,FAT FREE STRAWBERRY MILK, FAT FREE WHITE MILK ARE AVAILABLE AS A MENU ITEM
AN ASSORTMENT OF FRUIT IS SERVED DAILY WITH BREAKFAST AND LUNCH (MENU IS SUBJECT TO CHANGE WITHOUT NOTICE)
This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.