

Camelback Academy

Monday	Tuesday	Wednesday	Thursday	Friday
17 *CHOOSE ONE ENTREE Mini Corn Dogs W/W Turk. Green Beans Apple Whole	18 *CHOOSE ONE ENTREE Chicken Mini Tacos *SIDES Steamed Corn Fruit	19 Cheese Pizza WG *SIDES Broccoli Bites Mixed Fruit - Rice Krispy Treats	20 *CHOOSE ONE ENTREE Grilled Cheese WG *SIDES Baked Beans Sliced Peaches	21 *CHOOSE ONE ENTREE P & Grape Jelly Uncrust *SIDES Carrot Sticks Applesauce Cups 1% White Milk
24 *CHOOSE ONE ENTREE Hamburger on W/G Bun *SIDES Smile Potatoes Apple Whole	25 Chicken Mini Tacos *SIDES Baked Beans Orange Smiles	26 Italian Cheese Stick w /marinara cup *SIDES Broccoli Bites WATERMELON,CHUNKS	27 *CHOOSE ONE ENTREE Chicken Popcorn Poppers WG Dinner Roll *SIDES Carrot Sticks Mixed Fruit -	28 *CHOOSE ONE ENTREE P & Grape Jelly Uncrust *SIDES Celery Sticks Fruit 1% White Milk
31 *CHOOSE ONE ENTREE W/G Chicken Patty on Whole Wheat bun *SIDES Smile Potatoes Apple Whole	1 Chicken Mini Tacos Refried Beans Fruit 1% White Milk	2 Chicken Nuggets WG Green Beans Fresh Grapes 1% White Milk	3 Corn Dog,WG Chicken Carrot Sticks Mixed Fruit - 1% White Milk	4 Pepperoni Pizza W/G Broccoli Bites Oranges Smiles 1% White Milk Oatmeal Raisin Cookie

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	622*	550-650	100%	Sugars	33.91* g	21.79%	
Cholesterol	49* mg			Protein	24.86* g	15.98%	
Sodium	1197* mg	1230		Carbohyd	83.78* g	53.85%	
Fiber	9.28* g			Tot. Fat	21.00* g	30.37%	
Iron	3.77* mg			Sat. Fat	4.99* g	7.22%	<10.00%
Calcium	456.25* mg						
Vitamin A	997* IU						
Vitamin C	23.44* mg						

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.