



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Mini Tacos Refried Beans Sliced Pears 1% White Milk Milk,Chocolate 1% Lowfat	2 Chicken Nuggets WG Green Beans Fresh Grapes 1% White Milk Milk,Chocolate 1% Lowfat	3 Corn Dog,WG Chicken Carrot Sticks Mixed Fruit - 1% White Milk Milk,Chocolate 1% Lowfat	4 Pepperoni Pizza W/G Broccoli Bites Oranges Smiles 1% White Milk Milk,Chocolate 1% Lowfat Oatmeal Raisin Cookie
7	8 Bean & Cheese Burrito Steamed Corn Sliced Pears Milk,Chocolate 1% Lowfat 1% White Milk	9 Mini Corn Dogs W/W Turk. Baked Beans fruit, Kiwi 1% White Milk Milk,Chocolate 1% Lowfat	10 Grilled Cheese WG Celery Sticks w/ Ranch Sliced Peaches 1% White Milk Milk,Chocolate 1% Lowfat	11 Cheese Stick w/ Sauce Salad Orange Smiles 1% White Milk Milk,Chocolate 1% Lowfat
14 BBQ Chicken Drumstick & WG Roll Potato Wedges Apple Whole 1% White Milk Milk,Chocolate 1% Lowfat	15 Chicken Mini Tacos Refried Beans Pears 1% White Milk Milk,Chocolate 1% Lowfat	16 Chicken Pattie on WG Bun Green Beans Fresh Grapes 1% White Milk Milk,Chocolate 1% Lowfat	17 Walking Taco Carrot Sticks Applesauce 1% White Milk Milk,Chocolate 1% Lowfat	18 Cheese Pizza WG Broccoli Bites Oranges Smiles 1% White Milk Milk,Chocolate 1% Lowfat
21 Hamburger on W/G Bun Smile Potatoes Apple Whole 1% White Milk Milk,Chocolate 1% Lowfat	22 Chick & Chse Burrito Refried Beans Diced Pears 1% White Milk Milk,Chocolate 1% Lowfat	23 Grilled Cheese WG Sweet Potato Tots WATERMELON,CHUNKS 1% White Milk Milk,Chocolate 1% Lowfat	24 Submarine Sandwich Mixed Vegetables Mixed Fruit - 1% White Milk Milk,Chocolate 1% Lowfat	25 Cheese Pizza WG Steamed Broccoli Florets Oranges Smiles 1% White Milk Milk,Chocolate 1% Lowfat
28 Chicken Drumstick Smile Potatoes Apple Whole 1% White Milk Milk,Chocolate 1% Lowfat	29 Chicken Mini Tacos Refried Beans Sliced Pears 1% White Milk Milk,Chocolate 1% Lowfat	30 Chicken Nuggets WG Green Beans Fresh Grapes 1% White Milk Milk,Chocolate 1% Lowfat		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Camelback Academy

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target
Calories	473	550-650	86%	Sugars	24.09* g	20.37%
Cholesterol	38 mg			Protein	22.20 g	18.77%
Sodium	1070 mg	1230		Carbohyd	64.70 g	54.71%
Fiber	8.33 g			Tot. Fat	14.39 g	27.38%
Iron	2.98 mg			Sat. Fat	4.47 g	8.51%
Calcium	375.34 mg					<10.00%
Vitamin A	1203 IU					
Vitamin C	18.58 mg					

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